SAARTHI

Impact Paramedical and Health Institute
2019-2020
Dear students, parents, teachers and friends,

We have successfully completed another amazing academic year at Impact Paramedical and Health Institute (IPHI). Though this year has been the year of COVID-19, it has also been a year in which we have surely grown in wisdom and understanding of newer techniques and becoming online and digital. Even in these tough times when we are facing the deadly COVID-19 virus pandemic, we have reflected upon these values and tried to inculcate them in our children.

This is also a time when we raise our hearts to God in Gratitude for all that has been. Gratitude means thankfulness, counting your blessings, noticing simple pleasures and acknowledging everything that you receive. It means learning to live your life as if everything were a miracle, and being aware on a continuous basis of how much you have been given. Gratitude is an Attitude of the Heart. Personally for me, this year has been one of consolidation. I have begun to better understand my role as Director and together with it, the needs of the community I serve.

I am aware that much can be accomplished though in this regard. A Shepherd sustains himself on the love he receives from his flock. I am the beneficiary of this love and support I receive from all the students, parents, teachers of IPHI around me. I am grateful to everyone whose hard work and sacrifice have taken Impact Paramedical and Health Institute to a prized and esteemed position at the moment.

“Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand.” – Albert Einstein

Wishing all good health and best wishes

Dr. Archana Aravindan
Director, IPHI
“The entire scope of education at Impact Paramedical and Health Institute (IPHI) is undergoing transformation in the teaching learning process in this present COVID-19 pandemic situation. In the modern concept teaching has become online or digital. The wave of digital learning is reaching new heights.

IPHI strives to inculcate moral values, manners, responsibilities among students so that we can build a skilled healthcare workforce. Students here are encouraged to dream, groomed to give wings to their dreams, to take off and explore the unexplored. The plethoras of interesting & exciting opportunities available to youngsters in the field of health and paramedical sciences today often leave them with an array of things to do. It is important therefore to help them build their focus and give shape to their future in healthcare.

As Swami Vivekananda said, “Take up one idea. Make that one idea your life – think of it, dream of it, and live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success.”

Dr. Nipun Choudhry
Academic Advisor IPHI
VICE PRINCIPAL'S NOTE

The Impact Paramedical and Health Institute is one of the most prestigious institutions of Delhi and I feel extremely happy and privileged to be part of this magnificent educational institution. Our institution has grown spectacularly achieving notable success in many directions and reached up to present stage since it was started in 2015. I gratefully acknowledge the service of my dedicated Teachers & Staff and ever supporting parents and well-wishers of IPHI fraternity. May God be gracious to you all for your noble contribution towards the institution and nation building.

We cater to the needs of students of high quality Medical Education and training and we wish the students to develop as a complete Professional- full of sympathy and empathy for the suffering humanity.

Today we are living in a fast changing complex society, which presents before us challenges as well as opportunities. In this context it all depends on every individual how one responds to the situation with the right mindset. I firmly believe that every human being endowed with various talents and skills is a precious gift of God. I am very pleased to bring to your notice that IPHI is one of those Institutes which provides ample opportunities along with a value based wholesome quality education to nurture the inner potentials of every student.

I wish and pray that everyday be a special day for every child who enters the portals of IPHI, with a heart and mind set to grow more than yesterday. The following lines of John L. Mason are worth pondering,

“…Do more than grow. Bloom. 
Do more than hear. Listen. 
Do more than talk. Communicate. 
Do more than think. Create. 
Do more than work. Excel. 
Do more than decide. Discern. 
Do more than read. Apply. 
Do more than dream. Do 
Do more than wish. Believe. 
Do more than change. Improve. 
Do more than exist. Live.”

As a Vice-Principal I am proud to lead our institution’s commitment to improve the healthcare system through excellence in medical education and patient care and fully committed to provide teaching and health care of the highest standard through this Institution.

With warm greetings and best wishes for future.

Ms. EKTA THAKUR, 
VICE PRINCIPAL IPHI
Write, what should not be forgotten”, with this belief, we started our journey of writing as a team for our second publication of the Annual Magazine “SAARTHI”. This magazine is an attempt to showcase the inner thoughts, aptitude and flairs of the students and staff of IPHI alike during this Covid 19 Pandemic. The initial months involved crystallizing the theme, preparing and collecting meaningful content and convincing people to write up for the magazine. The array of umpteen tasks included designing of the cover page, selection of articles, bring together an editorial team, endless staff room arguments, post lecture student discussions, capturing various virtual events and visits into indelible memories, and the list goes endless. The magazine is an outcome of our committed team of creative individuals, especially the students of IPHI, without whom this magazine would not have been achievable in this Covid-19 Pandemic. The students of the college have always emanated young and interesting ideas reinvigorated with scientific information under the guidance of their lecturers who continue to remain the strong roots of the college.

We have endeavoured to create a memorable journey of IPHI encompassing the last six years. We hope readers will adore going through the pages accomplished by the editorial team. I would like to express my earnest gratitude to Dr. Archana Aravindan and Dr. Nipun Choudhry for having faith on me and providing me with an opportunity to handle complicated situations on multiple occasions for SAARTHI to crystallize the magazine into a reflection of the college. I wish the entire team of IPHI to stay empowered with the ideology

“Coming together is a beginning
Keeping together is a progress
Working together is a success”

Wish you all a happy reading!

Dr. ROHIT RATHORE(PT)
Physiotherapy faculty
IPHI
· People with Parkinson’s disease have a Higher risk of dying from covid-19
· Covid-19 mortality rates Higher among men than women
· Long term covid-19 containment will be Shaped by strength, duration of immunity.
· T-cells take the lead in controlling sars-cov-2 And reducing covid-19 disease severity
· Previous infections with other types Of coronavirus may lessen severity of covid-19
· Some severe covid-19 cases linked to genetic Mutations or antibodies that attack the body
· Dried blood spot sampling offers inexpensive Way to widen access to antibody testing for covid-19
· Covid-19 may deplete testosterone, Helping to explain male patient’s poorer prognosis.

**Facts**

**Injuries to peripheral nerves:** Tissues that transmit bioelectrical signals from the brain to the rest of the body—often result in chronic pain, neurologic disorders, paralysis or disability. Now, researchers have developed a stretchable connective hydrogel that could someday be used to repair these types of nerves when there’s damage. They report their results in ACS Nano. Injuries in which a peripheral nerve has been completely severed, such deep cut from an accident, are difficult to treat.

Mamun Raseed

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Hello friend’s the lockdown has to over in Indian there is seeing to a major impact on education currently more than 1.5 billion students affected according to UNESCO Report: (United Nation Educational scientific and cultural organization) more than 90% students are out of schools in India.

Today we will enumerate about major impact of lockdown on medical student’s life in India.

Let’s talks about at no.1 Digital Division: Friends all offline classes have been shift in online schedule every medical student is talking an online classis by distance learning, live classes and MS team etc.

For taking the online classes two main things are much mandatory first is internet connection and other thing is any technical device like mobile phone, laptop, computer etc. if we talking about Indians are only 40% using internet and similarly we see in overall world only 60% populations are eligible for using internet so there are more students are belong from poor family they cannot afford technical devices.
If we are talking about internet connection in India, then many places in India have not yet reached internet connection. Also, there are villages and travel areas that lack internet connection. As a result, their medical students are completely dependent on the government. And now, due to online classes, many students have become far away from medical education.

Similarly, students with disabilities, such as being blind or deaf, also face inconvenience and feel more difficulty in learning medical education in India.

Now let's talk about no.2 Negative learning outcomes.

**Good Thoughts**

1. Think good thoughts, say nice things, do good for others; everything will come back.
2. Every day is a new page, every month is a new chapter, every year is a new series.
3. Focus on good thoughts, good things will happen. Stay positive, think positive, do positive.
4. Beauty is not important, but a beautiful heart is most important.
5. Think good, speak good, and do good to bring about positive change in the world.
6. Thoughts have energy; make sure your thoughts are positive and powerful.
7. Silence is the best answer of all stupid questions, and a smile is the best reaction in all critical situations.
8. Education is not the learning of facts, but the training of the mind to think.
9. My silence is my answer. My smile is my strength. My decision is my future.
10. A room without books is like a body without a soul.

_Sameer Ahmed_

_Abhishek_
Don’t Quit

When things go wrong as they sometimes will,
When the road you’re trudging seems all uphill
When the funds are low and the debts are high,
And you want to smile, but you have to sigh.
When care is pressing down a bit—
Rest if you must, but don’t quit.

Life is strange with its twists and turns,
As every one of us sometimes learns,
And many a fellow turns about
When he might have won had he stuck it out.
Don’t give up though the pace seems slow—
You may succeed with another blow.

Often the goal is nearer than
It seems to a faar and faltering man.
Often the struggler has given up
When he might have captured the victor’s cup,
And he learned too late when night came down,
How close he was to the golden crown.

Success is failure turned inside out—
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems afar,
So stick to the fight when you’re hardest hit—
It’s when things seem worst that you mustn’t quit.

Author unknown

beautiful life

www.TheSilverPen.com

Ruby Paiwal

FOR DOCTORS

Dr: Doctor
Ob: Obstetric
C: Chemist
T: Teleradiologist
O: Orthopedic
R: Responsibility & Respect

“Thank you—
Doctor for everything you have done to keep me.” In the
Field of health and best of Healths...”

By shyamosree paul
Life is an adventure which is full of many good memories along with many bad memories. Every stage of our life gives us knowledge that we used it further in our life. But when we are deciding that we want to do in future or what we want to become in future its same as war. WAR??? Yeah this war is different as we all know about world war I and II but deciding about your future is situation in which you are individually stand in one side where you have to do war with many profession and once you conquer one of them wisely. This is makes your future better or more than that. So the journey from after completing my 12 standard and to become part of field of physiotherapy and knowing its potential is what that I want to explain here. Being an ordinary student completing your higher secondary degree with science stream mainly through medical subjects and securing very good marks in your board exam is not simply ends your life it is simply beginning of challenges in your life. You have face many exams further it may be NEET, AIIMS, and JIPMER. Right now mainly through NEET are some of them which are known by most of the people in India. But on entering the medical field is not simply ends here the field of paramedic and allied science is also there. One thing I must say that if you want to treat people with knowledge along with care like a close one then physiotherapy is one them. Yes we all physios proudly say that doctors give life to patient but we give the quality of life to our patient. If you think physiotherapy is easy than other medical courses then you definitely failed but if you want to study about mechanism of movements in our body, diagnosis people with knowledge, cure without medication. Then, definitely physiotherapy is going to easiest for you. Physiotherapy in India as undergraduate level is BPT, i.e. bachelors in physiotherapy, 4 year 6 months after that MPT i.e. master in physiotherapy, 2years and further PhD in this field. But now again question is why it is best????? As I already mentioned that BPT of 4 year and 6 month... its almost equivalent to other medical course not only in terms of its duration but also in terms of it subject in each year... as starting with anatomy, physiology then focus on orthopedic, neurology, psychatry, gynecology, pediatrics, electrotherapy, exercise therapy, general microbiology, pathology, biochemistry, pharmacology and most important which makes our field different from other only from this subject that is biomechanics.......... This is really that field of allied science which are hidden in term of knowledge and exposure.... You may here a physiotherapist as MASSAGEWALLA i.e. one who give massage to people as a layman knowledge but trust this is one of our talent that we performed through our hands.... Somebody say some beautiful words for our field that “PHYSIOTHERAPIST HAVE HANDS OF ARTIST, HEART OF HUMANITY AND KNOWLEDGE OF SCIENTIST.”. This field is improving and slowly people are start to aware our field. This field is providing many job opportunities but explaining such detail here you may think its far better surfing google instead of reading my article so I am going say about interesting fact when read about modalities through theory its feels you boring but once practical start you may enjoy it... yes, definitely that I am proud to be a future physio aspirant. Journey from higher secondary to this definitely hard for me but as I earlier mention this is individual war in which you have fight against many situation so now I would like every coin has two parts i.e. head or tail similarly we have two fate in our life that is if don't work hard then definitely we loss and have nothing in our future but in the same time if we are loyal, punctual, dedicated to our field then no matter where you are or whatever the field is you can proved yourself.. Remember don't compare yourself with other courses just compare yourself with your own course then definitely you can expressed your best from in front of all..... So that is much about this topic...take care, stay safe, stay motivated and be happy always and give respect to your field because it's up to you if you give, then you get!!!
माँ तूने तो मुझे फूलों की तरह पाला था,
ढोकर लगने पर भी संभाला था।
थी तो मिस तेरी ही काँच की गुंडया,
िफर ने चारों का ने बिगड़ा था?
होनी थी हो गई, ऐसी बा िफर ने इन ने उठाय?
िो अब अब मसझ आते िो ने बड़ पर खड़े लड़कों के इशारे?
िो उस डर से बेहरे पर पसीने और हाथ पाँव थे काँप,
हों बो थे चार,
जब एक ने बाँधी नी थी,
एक ने काटी मेरी जीभ थी।
िो उस का बगाडा था?
िो अब मकसद कैसे था और था,
तभी बचा ना पाई जान थी।
िो बचाओ - बचाओ कहकर डर पुकारा था।
िसर पर दुबे का साथ भी खुब था,
िफर ने भी बता गलती थी?
िरे ने नहीं बुढ़ का रंग भी लाल नहीं था,
असल डर रंग तो मुझे हमेशा से सफे द ही पसंद था।
िरे ने कोई ऐसी महक भी नहीं लगाई थी,
िो उनको उनकी खुशी आई थी।
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िो उनको उनकी खुशी आई थी।
िरे थे चार,
The Chapter you’re learning today is going to save someone’s life tomorrow. Pay attention, be patient.

*ORGAN DONATION*

When I’m gone and no longer around
When you’ve buried my body deep in the ground

I hope you’ve listened to what I have said

My organs are really no use
When I’m dead.

Take them all out
share them around,

Shout from the rooftops
A donor we’ve found,

My eyes, My kidneys, My lungs and My heart
Just a few things to give someone a start.

Anila
FROM IPHI TEAM
NOT ALL THAT HEALTHY

A bossy lifestyle and eating habits often leave the body devoid of essential nutrients. Many people today turn to health supplements to fulfill the body’s nutrition all requirements. However, experts warn that the indiscriminate use of health supplements can cause complications. Most of the health supplements readily available in the market have preservatives in them, which kill the purity of the product. Consuming these would not be as productive as taking fruits such as oranges.

While eating foods like aloe vera, neem, flaxseed, and methi dana in their natural form is the best way to take in nutrients, even these must be taken in moderation, "these too must be consumed. Like medicine, as excess of anything can be bad," says Amardeep Kaur, dietician Diets and health clinic. "It’s only people with deficiencies who need supplements." She adds and warns people not to buy supplement from chemists who don’t ask for a doctor prescription. Natural health boosters

Aloe vera: - Strenthen the immune system, gives healthy skin, regulates digestion, good for the gums and is an anti-inflammatory.

Milk: - Good bone health, aids immune system present hypertension, dental decay, and obesity.

Flax seed: - It has potential cancer fighting properties, lower blood cholesterol level, and increases energy.
All good study techniques start with good note taking Habits. Knowing how to take good notes will improve your ability to study more effectively.

The Three Stages of Good Note taking

Stage 1 – Get ready to take notes (Before Class) – Review your notes from previous lessons - Complete all assignments and readings before class – Bring all needed materials to take notes

Stage 2 – Taking notes (During Class) – Keep your focus on the teacher – Listen for signal statements like: Most importantly

Remember that...

Be sure to include.... – Write quickly

Use abbreviation  Place a “?” by things you are not sure about

Stage 3 – Rewrite your Notes – After class rewrite your notes

Change abbreviations to complete words

Change symbols into words

Change shorter sentences to more complete sentences – Answer any “?” you had in your notes

10 Study Habits of Successful Students

Try not to do too much studying at one time
Creativity's Usefulness in Children

The concept of creativity has traditionally been accompanied by two biases: an art-bias and a productivity-bias.

Looking at creativity through these biases is convenient in that it generally provides a tangible which can be counted, examined, compared to, and evaluated. Both of these types of creativity, based on performance or output, fail to recognize creative potential and, often, that would overlook a young person who has not yet had the opportunity to produce. When creativity in youth is considered, encourages educators to consciously resist both the art- and productivity-biases and instead, be open to creative potential in its many forms.

How children acquire and develop creativity can be considered in terms of children's cognitive development. Jean Piaget's Theory of Cognitive Development in children suggests that children gain knowledge through their individual understandings of experiences in the. As a child grows, his or her capacity to understand and gain knowledge from experiences changes and develops. According to Piaget, an individual will advance through four developmental stages based on the interaction between his/her experiences and his/her rate of 7 maturity.

sweety
IPHI Faculty
A priest was on a long flight to home after a church conference. The first warning of approaching problems came when the “Fasten your seat belt” sign flashed on. After a while, a calm voice said, “we shall not be serving beverages at this time as we are expecting a little turbulence. Please make sure your seat belt is fastened”. The priest looked around the aircraft and saw that many of the passengers were becoming apprehensive. Later the voice said, “we are so sorry that we are still not able to serve the meals at this time. The turbulence is still ahead of us”. And then the storm broke. The ominous cracks of the thunder could be heard even above the roar of the engines. Lightning lit up the darkening skies, and within moments that great plane was tossed around like a cork in a celestial ocean.

As the priest looked around, one could see that nearly all the passengers were alarmed except for a little girl! She sat calmly, feet tucked under her, looking at the pictures in a book oblivious to the turbulence around her. The storm blew over. When the plane landed and the passengers were disembarking, the priest approached the little girl and asked why she was not afraid like the other passengers. The little girl replied, “because my daddy is the pilot and he was bringing us home”. That’s FAITH AND CONFIDENCE.

Noor Ayesha
IPHI Faculty
फिजियोथेरेपी का स्कोप

फिजियोथेरेपी शारीरिक रूप से अक्षम और विकलांग लोगों को रोकने, इलाज और पुनर्वास का विज्ञान है "। फिजियोथेरेपी कुछ शारीरिक प्रभावों को करके लोगों की ठीक करने के प्राचीन विज्ञानों में से एक है। भारत में, एक फिजियोथेरेपीस्ट "डॉक्टर" को प्रायः other PT के साथ एक प्रमाण के रूप में उपयोग करता है। जो छात्र लोगों को ठीक करने और शारीरिक रूप से अक्षम लोगों की मदद करने में सुचित रहते हैं, तो ऐसे छात्रों के लिए यह सही कैरियर है। और कोई शक नहीं, आप एक डॉक्टर होंगे।

फिजियोथेरेपी एक स्वतंत्र स्वास्थ्य पेशा है जो मुख्य रूप से लोगों में आंदोलन की यह एक गैर-सर्विसकल उपचार प्रक्रिया है जिसका उद्देश्य रोगी के स्वास्थ्य को बेहतर बनाने के लिए दद को कम करना, गति में सुधार और कार्यक्षमता को बढ़ाना है।

यह अधिकांश मानव के डॉक्टरों द्वारा उपयोग की जाने वाली प्रक्रिया है, जहां वे कुछ उपकरणों का उपयोग करते हैं ताकि रोगियों को बीमारी या दद से बचाया जा सके जिससे वे पीड़ित हैं। वह व्यक्ति जो इस क्षेत्र में "भौतिक चिकित्सक" के नाम से जाना जाता है।

एक फिजियोथेरेपिस्ट का काम अपने शरीर के अंगों की गति और कार्य के द्वारा किसी के दद को कम करना है और साथ ही दद को कम करना और इलाज से रोकना है।

फिजियोथेरेपी कैरियर स्वास्थ्य देखभाल प्रणाली में चुनौतीपूर्ण और दिलचस्प नौकरियों की एक किस्म को जम्मे दे सकता है। एक फिजियोथेरेपिस्ट के रूप में, आप क्षेत्रों में विशेषज्ञता प्राप्त कर सकते हैं जैसे कि जराचिकित्सा, कार्डियोरिसिप्टरी, जेरियाट्रिक्स, आर्थिकिक्स और न्युरोलॉजी। आप शोध के रूप में डॉरेट की उपाधि और अर्त भी प्राप्त कर सकते हैं। भविष्य में, फिजियोथेरेपी का व्यापक दायार है। यह भारत के साथ-साथ विदेशों में भी कैरियर का एक विसंगत उद्देश्य है।

पाठ्यक्रम और अवधि

जो छात्र फिजियोथेरेपी कोर्स करना चाहते हैं, उन्होंने फिजिक्स, केमिस्ट्री और बायोलॉजी के साथ 10 + 2 की परीक्षा उत्तीर्ण की गोरी।

यह इस क्षेत्र में मानव शरीर, शरीर रचना विज्ञान, कौशिक विज्ञान, मानव शरीर की चिकित्सा स्थिति, चोटों और सार्जरी की स्थिति, चिकित्सा, फार्मकोलॉजी, पेडियॉरी, विकलांगता की रोकथाम और पुनर्वास की प्रक्रियाओं पर प्रशिक्षण के बारे में बहुत ज्ञान है।

फिजियोथेरेपी में झारखंड की डिग्री पूरी करने के बाद आप फिजियोथेरेपी में मास्टर डिग्री प्रोग्राम के लिए भी अपना सकते हैं। कोर्स पूरा होने के बाद आप M.PT या PhD के रूप में उच्च अध्ययन के लिए जा सकते हैं। अस्पतालों, स्वास्थ्य संगठनों या व्यक्तिगत अभ्यास के साथ काम करने के लिए सत्ता की डिग्री होना आवश्यक है।

आप खेल मंगलाय, स्टेडियम, अस्पतालों, स्वास्थ्य संगठनों के साथ काम कर सकते हैं और आप फ्रीलांस अभ्यास कर सकते हैं। इस क्षेत्र के पूरा होने के बाद विदेश जाने का एक अच्छा अवसर है क्योंकि अमेरिका, भ्रिटेन और अन्य लोगों की भारी आवश्यकता है।

विशेषज्ञताओं

एक बार जब आप फिजियोथेरेपी में अपनी डिग्री पूरी कर लेते हैं, तो आप दिये गए विशेषज्ञता में काम कर सकते हैं:

1. बाल चिकित्सा फिजियोथेरेपी
2. प्रसृति भौतिक चिकित्सा
3. स्पोर्ट्स फिजियोथेरेपी
4. न्युरोलॉजी फिजियोथेरेपी
5. आर्थिकिक्स फिजियोथेरेपी
6. जराचिकित्सा फिजियोथेरेपी
7. पोस्ट ऑपरेटिव फिजियोथेरेपी
8. कार्डियोवेक्स्कर फिजियोथेरेपी

ब्याजन

भारत में एक फिजियोथेरोपिस्ट का प्रारंभिक ब्याजन ₹ 2 से 2.5 लाख प्रति वर्ष है। लेकिन अनुभव प्राप्त करने और उच्च डिग्री के बाद ब्याजन कम नहीं पर निर्धारित 5 लाख तक बढ़ाया जा सकता है।

विदेश में, आप प्रति वर्ष ₹ 76,310 तक ब्याजन प्राप्त कर सकते हैं।

Dr. Rohit Rathore (PT)
Faculty Physiotherapy
curricular activities facilitate the development of various domains of mind and personality such as intellectual development, emotional development, social development, moral development, and aesthetic development. Creativity, Enthusiasm, and Energetic, Positive thinking are some of the facets of personality development and the outcomes of Extracurricular activities.

We at IPHI provide our students with enough opportunities and situations that facilitate them to come out of their shells and take their new roles in the world, thereby emerging as confident, focussed, versatile human beings. Our approach is student centred and goes beyond the text books, students continue to uphold are tradition of being winners in every field be it academics, sports or other extracurricular activities. As due to Covid-19 our students are not presented to our institution, we tried that they still indulge in the curricular activities at home. We are thankful to the management for being true source of inspiration and motivating the students thus enables our students to soar with wings widespread into the opportunities of tomorrow.

Let us continue to provide STRONG ROOTS AND POWERFUL WINGS to our children. Wish our students good luck for their future endeavours.
Successful Placements

“Being a good paramedic means being able to do as much as you possibly can to save a life… and knowing how to accept it, when this is just not enough” – Paramedic – Ambulance Service of NSW –

**OUR MISSION:**

✱ To impart high quality technical education and research  
✱ To cater to Medical Assistants in Healthcare Industry  
✱ To generate entrepreneurship skills for Self Employment  
✱ To generate Paramedics, who are disciplined with high moral & ethical values keeping in pace with ever advancing technology

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**PLACED STUDENTS**

- Abhishek (BRIT)  
  Dashmesh Hospital, Delhi
- Aman Kashyap (BOOT)  
  Lens Kart.Com, Janakpuri Delhi
- Anju Sharma (DMLT)  
  SRL Lab, Vasant Vihar Delhi
- Gagan Kumar Bhagat (BOTT)  
  Cribs Hospital, Bihar
- Gaurav (BMLT)  
  CRL Lab, Paschim Vihar
- Vikas (BOTT)  
  Action Balaji Hospital, Delhi
- Dilip Kumar (DOTT)  
  Fortis Hospital, Salimar Bag Delhi
- Shiva Kumar (BMLT)  
  Apollo Cradle Hospital, Moti Nagar Delhi
- Harsh (RIT)  
  National MRI/CT Diagnostics, Delhi
- Shamim Akhtar (RIT)  
  Star Imagine Path Lab, Tilak Nagar Delhi
- Santosh (RIT)  
  Cygus MLS Hospital, Rohini
- Sandhya Kaushik(DMLT)  
  SRL Lab, Basant Vihar Delhi
- Deepak (BRIT)  
  Pegasus Pain Management Institute, Krishna Nagar Delhi
- Rahul Bhimani (DRIT)  
  Virmani Hospital, Mayur Vihar Delhi
- Yogesh (DOTT)  
  RML Hospital, New Delhi
- Jagriti (DMLT)  
  Bhagwan Mahavir Hospital, Rohini Delhi
EVENTS GALLERY

MEDICINE is a science of UNCERTAINTY and an art of PROBABILITY.

In everyday life, uncertainty surrounds us. Events are more real than reality. Happy world photography day.

U can’t force people to care about their natural environment. If you encourage them to connect with it, they might.

All outstanding work, be it art as well as in science, results from immense zeal applied to a good idea.

A big salute to the frontline warriors of COVID-19...

WORLD HEART DAY

- Quit Smoking
- Manage your BP
- Reduce Salt Intake
- Get Regular Check-ups
- Exercise Regularly
- Control your Blood Sugar

Make the right choice, everywhere.

RAYE EARTH DEFEAT CORONA
INDOOR VIRTUAL SPORTS

“Winning isn’t everything, but wanting to win is”

Best from waste activity
"Drawing is vision on paper."

Our aim is to create visionary professionals, complement with innovation & research through learning, teaching and leadership.

Winner of Drawing Competition:
1. YOGESH
2. PINKI
3. ISHA ALAM
The students of IPHI showcased their talent in Inter-Department Annual Quiz Contest. The grand finale of the contest was held at college premises.

In quiz competition total 3 rounds were conducted which are passing question round, buzzer round and Audio Visual round. Questions were all related to history, sports, fine arts, medicine, science, current affairs and general knowledge etc.

At IPHI, we believe in nurturing the budding talents on the basis of their knowledge, environment, people around them and observation.

“Winners train, losers complain”

Winning Team - Physiotherapy
2nd - Ophthalmology
3rd - RADIOLOGY
IPHI Webinars
Nostalgic Memories

...my mind screams...
slowly, unbelievably, i start to shout...
"If we are to preserve culture we must continue to create it."

From left to right - Lamp Lighting ceremony and an Chief Guest Mr. Vijay Batra and Dr. karan Thakur enjoying the cultural
ANNUAL DAY - 2019

"Culture is the widening of the mind and of the spirit."
“Success in life is not for those who run fast,
but for those who keep running and always on the move.”

High – fliers of IPHI

At IPHI, We aim of fostering world class training with assistance and imparting, the excellence in the field of health care providers. Learn, believe and achieve! It is the key / mantra of our institute, by creating newer generation of paramedics , who are committed into this noble profession.

Our brilliant minds and future Stars of IPHI
I am Anupam Suryavanshi, the student of Impact paramedical and health institute. I would like to thanks to all the faculties and director Dr. Archana mam. They are very supportive and cooperative. This institute provided me training at Bhagwan mahavir hospital (Pritampura) and placement at The healing touch eye centre. I am thankful to all my respective seniors and junior.

I am very proud to be a part of this institute and I am also thankful to my Director and Teachers, who have encouraged me for my better future & they have also skilled & pushed me for better career opportunities and now I am finally placed at Medlife International Pvt. Ltd. at Naraina Vihar & I am very thankful to be a part of our institute. IPHI has given me the various opportunities in my field and made me capable of standing on my own feet.

July 2017 mein maine Impact Paramedical and Health Institute join kiya tha, 2 saal me maine yahan pe padhai ki thi. Padhai ke saath saath humne ghumna firna, mauj masti aur holi - diwali jaisi kai parties bhi ki. Iske baad jab mera academic session complete ho gaya toh IPHI ki help se mujhe training ke liye Healthians Health Care bheja gaya. Healthians Health care, ek aisi company hai jo, Cricketer Yuvraj Singh ki Company hai. Waha six months training ke baad, mujhe fir IPHI ki help se, Medlife International Lab mein mujhe employment mil. Mein yahan pe Phlebotomist cum Technician ki post pe hoon, Aur meri acchi salary hai, jo ki aage ki life jeene ke liye accha hai. In today time mein aaj safe aur respectable life jee raha hoon aur iske liye mein IPHI ko thank you bolna chahta hoon.

IPHI mein maine June 2018 me lateral entry mein admission liya tha, maine uske baad 6 months tak maine yahaan padhai ki. Fir uske mahine baad mujhe Army Hospital, Dhaula Kuan, Delhi Cantt., mein training ke liye bheja gaya. Wahan jaake mere interview ke selection ke baad, mujhe wahan pe job mil gayi ‘Aur aaj main ek junior optometrist ki post par hoon, aur yeh platform. Mujhe IPHI ki wajah se mila hai. IPHI ek accha institute hai, jo bacchon ke career ko ek accha platform deta hai.
I have done my training at CRL, Paschim Vihar. I am very thankful to IPHI for all the support. I am gaining practical training which is helping me in my course. I enjoyed my training period & also got placed there. Director of IPHI Dr. Archana Mam is very helping to every student.

Parul Sharma

“I am very glad to get admission here. I think this is one among the best paramedical institute. Studying here has not only give me a good education, But has been great fun too. I like my course. Here campus life is relaxed and sociable. Impressive and highly qualified teachers, Generate various opportunity for me to explore in my career.”

ANEELA SHAHEEN

IPHI has always believed in happening and guiding their students. Regular classes held at our institute to help us with our aptitude and technical skills were of great help. IPHI is a place of learning, fun, culture, literature and many such life preaching activities. It gives us an opportunity to meet different kind of people and learn a number of thing.

SIMRAN

Impact Paramedical and health institute has always believed in the helping and guiding its student it was no different during the placement season regular classes held at our institute to help us with our aptitude and technical skill. Our placement lab's and hospital's also very good and they encourage us each step. Our tie-ups are- BLK hospital, CRL Lab's, & so many other hospitals and lab setups.

NEELANSHI

When we talk about career it’s really important to get right guidance because our whole life depend on that & when I get admission in IPHI everything was more than my expectation, IPHI have well infrastructure and teachers are too polite & well experienced we get classes about practical knowledge, placement & training, they specially train us about how to deal with environment, IPHI not only make student educated but with that also make them well qualified.

“Education is not the filling of a pail, But the lighting of a fire.”

KULDEEP
Impact Paramedical and Health Institute (IPHI)

Campus-1-RR-17, Mian Wali Nagar, Main Rohtak Road, Near Peeragarhi Metro Station, New Delhi 110087

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Scan the QR code to chat with us

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